

May the most just, most high, and most amiable Will of God be done, praised, and eternally exalted in all things. Amen.

### *Prayer for the Pope*

Lord, source of eternal life and truth, give to Your shepherd, the Pope, a spirit of courage and right judgment, a spirit of knowledge and love.

By governing with fidelity those entrusted to his care may he, as successor to the apostle Peter and Vicar of Christ, build Your church into a sacrament of unity, love, and peace for all the world.

We ask this through our Lord Jesus Christ, Your Son, Who lives and reigns with You and the Holy Spirit, one God, forever and ever. Amen.

### *A Prayer for Priests*

O Jesus, Eternal Priest, keep all Your priests within the shelter of Your Sacred Heart where none may harm them.

Keep unstained their anointed hands which daily touch Your Sacred Body.

Keep unsullied their lips purpled with Your Precious Blood.

Keep pure and unearthly their hearts sealed with the sublime marks of Your glorious priesthood.

Let Your holy love surround them and shield them from the world's contagion.

Bless their labors and abundant fruit, and may the souls to whom they ministered here below be their joy and consolation, and in

Heaven their beautiful and everlasting crown. Amen.

O Mary, Queen of the clergy, pray for us; obtain for us a number of holy priests. Amen.

### *For the Spread of the Gospel*

God the Father,  
You will all men to be saved and come to the knowledge of Your truth.  
Send workers into your great harvest that the gospel may be preached to every creature and Your people, gathered together by the Word of Life and strengthened by the power of the Sacraments, may advance in the way of salvation and love.

### *St. Michael the Archangel*

St. Michael the Archangel, defend us in battle, be our defense against the wickedness and snares of the devil; may God rebuke him, we humbly pray, and do thou O Prince of the heavenly hosts, by the divine power, thrust into hell Satan and all the evil spirits who prowl about the world seeking the ruin of souls. Amen.

#### **Pope John Paul II Society of Evangelists**

14818 Ranchero Road

Hesperia, California, USA

Telephone: 760-220-6818

FAX: 760-948-7620

E-mail: [pjpiisoe@earthlink.net](mailto:pjpiisoe@earthlink.net)

[www.pjpiisoe.org](http://www.pjpiisoe.org)

Pamphlet 156

## **Basic Prayers**



*St. Jerome Praying*

"The Christian begins his day, his prayers, and his activities with the Sign of the Cross: 'in the name of the Father and of the Son and of the Holy Spirit. Amen.' The baptized person dedicates the day to the glory of God and calls on the Savior's grace, which lets him act in the Spirit as a child of the Father. The sign of the cross strengthens us in temptations and difficulties" (CCC §2157).

### *Sign of the Cross*

The ordinary method of making the sign of the cross is that which every Catholic learns in early childhood - the putting of the right hand to the forehead, to the breast and to the left and the right shoulder, with the words: "In the name of the Father, and of the Son and of the Holy Ghost. Amen."

### *The Lord's Prayer (Matthew 6:9-13)*

Our Father, Who art in heaven, Hallowed be Thy Name. Thy Kingdom come, Thy Will be done, On earth as it is in Heaven. Give us this day, our daily bread, and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

### *The Hail Mary*

Hail Mary, full of grace, the Lord is with you. Blessed are you among women and blessed is the fruit of your womb, Jesus. Holy Mary, Mother of God, pray for us sinners now and at the hour of our death. Amen.

### *Glory be to the Father*

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

### *Grace Before Meals*

Bless us, O Lord, and these Thy gifts, which we are about to receive from thy bounty through Christ our Lord. Amen.

### *Grace After Meals*

We give Thee thanks for all Thy benefits O Almighty God Who reigns forever; World without end. Amen.

### *An Act of Faith*

O my God, I firmly believe all that Thou have revealed, and which the holy Catholic Church proposes to me to be believed, because Thou art truth itself, which can neither deceive nor be deceived. In this faith I desire to live and die.

### *An Act of Hope*

O my God, relying on Thy gracious promises, hope, by the merits of Jesus Christ, for the pardon of my sins, grace to serve Thee faithfully in this life by doing the good works which thou have commanded, and eternal happiness in the world to come, through Jesus Christ our Lord.

### *An Act of Love*

O MY God, I love thee with my whole heart, and above all things, because Thou art infinitely good in thyself and infinitely worthy to be loved; and for the love of Thee I love my neighbor as myself.

### *An Act of Contrition*

O my God, I am heartily sorry for having offended Thee, and I detest all my sins, because I dread the loss of heaven, and the pains of hell; but most of all because they offend Thee, my God, Who are all good and deserving of all my love. I firmly resolve, with the help of Thy grace, to confess my sins, to do penance, and to amend my life. Amen.

### *Morning Offering*

O Jesus, through the Immaculate Heart of Mary, I offer You my prayers, works, joys and sufferings of this day for all the intentions of Your Sacred Heart, in union with the Holy Sacrifice of the Mass throughout the world, in reparation for my sins, for the intentions of all my relatives and friends, and in particular for the intentions of the Holy Father. Amen.

### *Ask the Prayers of the Saints*

Holy Virgin, Mother of God, my Mother and Patroness, I place myself under thy protection, I throw myself with confidence into the arms of thy compassion. Be to me, O Mother of mercy, my refuge in distress, my consolation under suffering, my advocate with thy adorable Son, now and at the hour of my death.

Angel of Heaven, my faithful and loving guide, obtain for me grace to be obedient to thy holy inspirations, and so to direct my steps that I may not in any thing depart from the will and commandments of my God.

O great Saints, whose name bear, protect me, pray for me, that like you I may serve God faithfully on earth, and glorify Him eternally with you in heaven. Amen.

[One should call on additional Saints who are special to the person, or a patron Saint of the parish, or the saint associated with your career or area of personal interest.]

### *Act of Resignation to the Will of God*